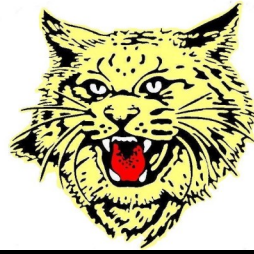


# November 2021



Monday- Biscuits & Gravy, Fruit, Milk  
 Tuesday- Cereal, Toast, Jelly, Juice, milk  
 Wednesday- Breakfast Sandwich, Fruit, Jelly, Milk  
 Thursday- Cereal, Toast, Jelly, Juice, Milk  
 Friday- Cooks Choice, Yogurt, Granola Fruit, Milk  
 Menu Subject to Change  
 Milk Choices Include Low-Fat White & Chocolate

Mon	Tue	Wed	Thu	Fri
1 Ham Sandwich Celery Fruit Pudding cup 	2 Spaghetti & Meatballs Bread Stick Green Beans Fruit	3 Chicken/ Bread Broccoli Rice Fruit	4 Hot Dog/ Bun Potato Cucumber Slices Fruit 	5 Pizza W.G. Chips Carrot Sticks Fruit
8 Taco/Shell Lettuce/Cheese Chips & Salsa Fruit 	9 Grilled Cheese Tomato Soup Crackers/ Celery Fruit 	10 Elem- Fish Chips/ Carrots Fruit/ Dessert HS-Baked Potato Bar	11 No School 	12 Subway- Ham Fresh Veggies W.G. Chips Fruit
15 Chicken Crisptos Lettuce Rice Fruit	16 Cheese Burger/ Bun Pickle/ Tomato Potato Fruit 	17 Turkey/ Bread Mashed Potatoes/Gravy Cucumber Slices Fruit	18 Ham & Cheese Croissant Green Peppers Fruit Dessert	19 No School 
22 Ham Steak/ Bread Potato Broccoli Fruit	23 Tater Tot Casserole Peas Fruit Dessert	24 Chicken Fajita/ Shell Rice Corn Fruit	25 No School 	26 No School
29 Cheese Sticks Marinara Lettuce Fruit 	30 Pulled Pork Nachos Cucumber Slices Fruit 			