


Monday– Breakfast Pizza, Fruit, Milk
 Tuesday– Biscuits & Gravy, Fruit, Milk
 Wednesday– Cereal, Toast, Jelly, Fruit, Juice, Milk
 Thursday– Biscuit, Egg, Bacon, Jelly, Fruit, Milk
 Friday– Pastry, Yogurt, Granola, Fruit, Milk



October 2019

Menu Subject To Change
 Milk Choices Include Low-Fat White, Chocolate, & Strawberry

Mon	Tue	Wed	Thu	Fri
	1 <i>Chicken Patty/ Bread</i> <i>Mac & Cheese</i> <i>Celery Sticks</i> <i>Fruit</i>	2  <i>Burrito</i> <i>Salad</i> <i>Rice</i> <i>Fruit</i>	3 <i>Grilled Cheese</i> <i>Broccoli</i> <i>Fritos</i> <i>Fruit</i>	4 <i>Cookout!</i>  <i>Homecoming!</i>
7 <i>Tenderloin</i> <i>Cheesy Potatoes</i> <i>Mixed Veggies</i> <i>Fruit</i>	8 <i>Chicken Alfredo</i> <i>Bread Stick</i> <i>Peas</i> <i>Fruit</i>	9 <i>Pulled Pork</i> <i>Tater Coins</i> <i>Broccoli</i> <i>Fruit</i>	10 <i>Hs– Baked Potato Bar</i> <i>Elem– Chicken Nuggets</i> <i>Veggies/ Fruit</i> <i>Diced Potatoes</i>	11 <i>Ham Wrap</i> <i>W.G. Chips</i> <i>Carrots</i> <i>Apple</i>
14 <i>No School</i> 	15 <i>Chicken Strips</i> <i>Fried Potatoes</i> <i>Mixed Peppers</i> <i>Fruit</i> 	16 <i>Quesadilla</i> <i>W.G. Chips/ Salsa</i> <i>Corn</i> <i>Fruit</i>	17 <i>Hamburger Roast/Gravy</i> <i>Bread</i> <i>Green Beans</i> <i>Fruit</i> 	18 <i>Subway</i> <i>Salad/ Veggies</i> <i>W.G. Chips</i> <i>Fruit</i>
21 <i>Goulash</i> <i>Green Beans</i> <i>Cottage Cheese</i> <i>Fruit</i>	22 <i>Chicken Leg</i> <i>Mashed Potatoes/ Gravy</i> <i>Brussel Sprouts</i> <i>Fruit</i>	23 <i>Hot Dog/ Bun</i> <i>Tater Coins</i> <i>Carrots</i> <i>Fruit</i>	24 <i>Fiestada</i> <i>Salad</i> <i>Pudding</i> <i>Fruit</i>	25 <i>No School</i>
28 <i>Soft Taco</i> <i>Rice</i> <i>Salad</i> <i>Fruit</i>	29  <i>Z– Rib</i> <i>Hash Brown Casserole</i> <i>Cucumber Slices</i> <i>Fruit</i>	30 <i>Corn Dog</i> <i>Baked Beans</i> <i>Fritos</i> <i>Fruit</i> 	31 <i>Chili</i> <i>Pickles/ Crackers/ Cheese</i> <i>Carrot Sticks/ Fruit</i> <i>Gold Fish Crackers</i>	