Monday-Breakfast Pizza, Fruit, Milk Tuesday- Biscuit, Egg, Bacon, Jelly, Fruit, Milk Wednesday- Pancakes, Sausage, Syrup, Fruit, Milk Thursday- Cereal, Toast, Jelly, Fruit, Juice, Milk Friday- Doughnut, Yogurt, Granola, Fruit, Milk



## November 2018

Milk Choices Include-Low-Fat White, Chocolate, Strawberry

Mon	Tue	Wed	Thu	Fri
Give Thanks			I Hamburger/ bun Potatoes Salad Fruit	Subway  Veggies  W.G. Chips  Fruit  eat fresh.
5 Chicken Strips Red & Yellow Peppers Salad Fruit	6 Soft Taco W.G. Chips/Salsa Salad Fruit	7  Hot Dog/Bun  Baked Beans  Fritos  Fruit	8 Sloppy Joe/ Bun Green Beans Pudding Fruit	9 Pizza Salad W.G. Chips Fruit
12 Z-Rib/ Bread Mashed Potatoes/ Gravy Green Beans Fruit	Chicken Patty/ Bread Salad Fruit W.G. Cookie	14 Hs-Baked Potato Bar Elem-Chicken Nuggets Tater Coins Green peppers	15 Turkey & Noodles Green Beans Roll Baked Apples	16 Subway Veggies W.G. Chips Fruit
Pork Tenderloin Diced Potatoes Peas Fruit	20 Grilled Cheese Tomato Soup Crackers/ Peppers Oranges	21  Ham Wrap  W.G. Chips  Carrot Stick  Fruit	No School	No School
Tater Tot Casserole Green Beans Fruit	27 Chicken Alfredo Bread Stick Cooked Carrots Applesauce	28  Vegetable Soup  Red Peppers  Cracker/ Fruit  Cheese Stick	29  BBQ/Bun  Slaw  Corn  Fruit	Quesadilla W.G. Chips/ Salsa Salad Fruit